

Deanmore Primary School P&C Canteen Menu

Wednesday specials

HAMBURGER



Freshly made beef patty served with lettuce and tomato on a wholemeal roll with thousand island sauce \$5.50 **CM GF**

w cheese add 50c + gluten free roll 50c

HOT DOG

with Tomato, BBQ or Mustard Sauce \$5.00

Thursday specials

PIZZA



Bacon Blitz, Hawaiian or Vegetarian **V**
GF Margareta **V** Ham or Hawaiian

\$5.00

SUSHI 1/2 roll

Tuna, Chicken or Vegetarian **CM**
(pre-order Wednesdays) \$5.50



Friday specials

PIES, PASTIES or SAUSAGE ROLLS

Choice of Meat or Potato Pie,
Spinach & Ricotta Roll **V** or Sausage Roll \$5.00

Party Pies \$2 each



HEALTHY SANDWICHES

on Wholemeal Bread **CM**

Vegemite \$2.50

Choice of: Chicken, Ham, Tuna, Cheese,
Egg or Salad \$4.00

Add: Tomato, Lettuce, Carrot, Cucumber +\$0.50

Salad (the lot) +\$1.00

Mayo or Cheese +\$0.50

Have a Wrap, Roll, GF Bread, Toasted +\$0.50

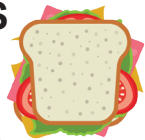
Jaffle

(Baked Bean, Spaghetti or Cheese & Vegemite) \$4.50

Salad Tray \$5.00

Salad bag \$1.80

Rice Paper Rolls **GF CM** \$6.00



HOT FOOD

Nuggets & Salad Bag (salad optional) x4 \$4.50

x5 \$5.00

x6 \$5.50

Hot Chicken Mayo Roll \$5.50

Pasta with Bolognaise **CM** \$5.00

Mac'n'Cheese **V CM** \$5.00

Chicken Teriyaki & Rice **CM GF** \$5.00

Fried Rice **GF V CM** \$5.00

Quiche Lorraine or Spinach & Feta **V** \$5.00

add Salad Bag +\$1.80

Sauce: Tomato, BBQ, Chilli +\$0.50



GLUTEN FREE

RECESS

Popcorn **CM GF** \$0.70

Peach Bowl **GF** \$1.80

Cheesie or Pizza **CM GF**
(order before 9.00am) \$2.50

Yoghurt Cup **GF** \$2.50



LUNCH

Nuggets & Salad Bag **GF**
(salad optional) x4 \$4.50

x5 \$5.00

x6 \$5.50

Rice Paper Rolls **CM GF** \$6.00

Fried Rice **CM GF** \$5.00

Chicken Teriyaki **CM GF** \$5.00

Mac'n'Cheese **V CM GF** \$5.00

Pasta Bolognaise **CM GF** \$5.00

Hot Chicken Roll **CM GF** \$5.50



Our Canteen supports the Department of Education's Healthy Food and Drink (HFD) policy; to support student health by providing access to healthy foods and drinks to make the healthy choice, the easy choice.

Our aim is to use fresh ingredients where possible and local suppliers. Please support your P&C and have a day off from making lunches and treat your kids!

VOLUNTEER NOW..... any parent who volunteers in the canteen their child receives a FREE icypole or icecream!

RECESS SNACKS

Crunch & Sip salad bag \$1.80

Anzac Biscuit **V CM** \$1.20

Peach Bowl **GF** \$1.80

Hot Milo \$1.50

Pear & Double Chocolate Muffin **CM** \$2.30

Strawberry Yoghurt With crunchy oats **V CM** \$2.50

Cheesie **V CM** (toasted cheese 1/2 Roll) \$2.30

Pizza **CM** (Ham, Cheese Tomato sauce 1/2 Roll) \$2.50

Popcorn **V CM GF** \$0.70

Sanitarium Up'n'go \$2.50

Apple (Granny Smith) \$1.50



Drinks



Juice Box \$2.00

Apple, Orange, Tropical or Apple & Blackcurrant

Choc Milk 300ml \$2.00

Mango Smoothie \$2.00

Plain Milk 225ml \$1.80

Bottle of water 600ml \$1.50

Frozen Treats

Milo cup \$3.50

Twin Pole \$2.50

Whole Quelch Stick **GF** \$1.50

Moosie \$2.50

Frosty Fruit \$2.50



*CM canteen made *GF gluten free *V vegetarian

Online order: quickcliq.com.au
Order before 9am

Canteen open Wednesday-Friday
Over the counter cash or card

Instagram [deanmore.canteen](https://www.instagram.com/deanmore.canteen)