# **DEANMORE PRIMARY**

**An Independent Public School** 

School Newsletter
Edition 1

7th February 2020

deanmore.ps@education.wa.edu.au



#### PRINCIPAL'S REPORT

Greetings Deanmore families and community,

Welcome back to school for 2020. We have many exciting things planned for this year.

This term we will hold a Twilight Swimming Carnival. Students and their families will be invited to the new look faction swimming carnival that will be held on an evening later in the term. Mr Rodgers is working through the final details of the carnival and will circulate more details in the coming weeks, and call for volunteers.

Maintenance works were carried out over the holiday break to keep our school looking great. The painting of the wet area walls, as well as the front office and undercover area doors, has made a huge improvement to the spaces. New paths were installed and all of our outdoor hard surfaces were pressure cleaned. Our huge new fan will be installed in the undercover area this weekend ready for our first assembly next week. This funding was provided by the state government through the Education maintenance stimulus package.

Additional activities have been added to the school week for students to participate in during recess and lunchtime. Mrs Carr and Ms Sampey will be opening the library for reading; Mrs Byrne will run a choir; Miss Brydon will work with students in the farm; Mrs Motherway will teach ukulele; and Mrs Bezant is starting a dance club. Finally, Mr Rodgers will also facilitate games on four days during breaks. These activities are for students from Year 1-6 and are in response to student feedback in 2019.

I am sure you have seen many new faces around the school this week. Last week, staff spent two days together sharing expertise about our programs and getting to know each other. Staff have continued this week in collaborative teams engaging in curriculum and activity planning.

Below is the Principal and Deputy Principal list. Please see following page for Teachers as well as their DoE email address for all formal parent communications.

Principal Jacquie Cooper <u>Jacqueline.cooper@education.wa.edu.au</u>

Deputy Principal Year 3-6 Ralmo Dias <a href="mailto:ralmo.dias@education.wa.edu.au">ralmo.dias@education.wa.edu.au</a>

Deputy Principal K-2 Katie Andrew katie.andrew@education.wa.edu.au

Our homework policy is under review with the School Board to discuss it in depth at the Board meeting in week three. While we wait for the revised policy, homework will not be sent home, with the exception of reading in our early years. We will circulate the new policy on Dojo when completed.

Parent meetings will be held in week three. Please come along and meet your child's teacher.

Kind regards

Jacquie Cooper



## **DEANMORE PRIMARY SCHOOL**

An Independent Public School

## YEARS, CLASSROOMS, TEACHERS

TEACHER	YEAR	CLASSROOM	EMAIL ADDRESS
Claire Monaghan	Kindy	G3	claire.monaghan@education.wa.edu.au
Emma Williams (M-Th)	Kindy	G4	emma.williams2@education.wa.edu.au
Kelli Mann (F)	Kindy	G4	kelli.mann@education.wa.edu.au
Amanda Nash (M-W, Fr)	PP	G1	amanda.nash@education.wa.edu.au
Kelli Mann (Th)	PP	G1	kelli.mann@education.wa.edu.au
Danielle Terpou (M-W, Fr)	PP	G2	danielle.terpou@education.wa.edu.au
Natasha Browne (Fri)	PP	G2	natasha.browne@education.wa.edu.au
Angela Williams	PP/1	K1	angela.williams2@education.wa.edu.au
Annie Motherway	1	K2	ann.motherway@education.wa.edu.au
Gillian Henry	1	К3	gillian.henry2@education.wa.edu.au
Joanne Simpson (M-W)	1/2	K4	joanne.simpson@education.wa.edu.au
Megan Tetley (Th-Fr)	1/2	K4	megan.tetley@education.wa.edu.au
Claire Martin	2	M5	claire.martin@education.wa.edu.au
Jo Hassan-Raiyat	2	M6	joanne.hassan.raiyat@education.wa.edu.au
Carol Griffiths (M-W)	3	M1	carol.griffiths@education.wa.edu.au
Jenny Smallwood (Th-F)	3	M1	jennifer.smallwood@education.wa.edu.au
Tracy Wacker (M-Th)	3	M2	tracy.wacker@education.wa.edu.au
Jenny Hancock (F)	3	M2	jenny.hancock@education.wa.edu.au
Graeme Morgan (M-Th)	3/4	M3	graeme.morgan@education.wa.edu.au
Jody Smith (F)	3/4	M3	<u>iody.smith@education.wa.edu.au</u>
Lisa Sampey	4	M4	lisa.sampey@education.wa.edu.au
Liz Jerrat (M-Tu, Th-Fr)	4	D5	elizabeth.jerrat@education.wa.edu.au
Megan Tetley (W)	4	D5	megan.tetley@education.wa.edu.au
Stephanie Xu	5/6	D1	stephanie.xu@education.wa.edu.au
Malcolm Rathjen	5/6	D2	malcolm.rathjen@education.wa.edu.au
Isabelle Bezant	5/6	D3	isabelle.pitchen@education.wa.edu.au
Ashlee Brydon	5/6	D4	ashlee.brydon@education.wa.edu.au
Dan Rodgers	Phys Ed		daniel.rodgers@education.wa.edu.au
Melinda Carr	Science	B2	melinda.Carr@education.wa.edu.au
Georgie Byrne	Music	B1	georgina.anderson@education.wa.edu.au
Anh Naicker	LOTE		Anh.Quach1@education.wa.edu.au
Miranda Radford	Health		Miranda.radford@education.wa.edu.au

# **IMPORTANT**

### ABSENTEE MESSAGE SERVICE

Starting Monday February 10, 2020 the school will be using a message service for absentees. If you have not notified the office of your child's absence you will receive a text message from number 0447 861 039 Please respond by SMS or call the office.

## Contributions and Charges 2020

Voluntary Contributions are due to be paid.

When paying into the Deamore Primary School account please write your childs surname and what you are paying for.

PLEASE ENSURE YOU ARE DEPOSITING IN THE CORRECT ACCOUNT

Our bank account details are:

**Account Name:** Deanmore Primary School

**BSB:** 306 073

Account Number: 1006385

Payments of cash or cheque in envelopes are to be placed in the

Blue boxes outside the front office.

#### FROM THE SCHOOL NURSE

#### **Attention Year 1-6 parents**

#### **Colour Blindness**

Colour blindness means that a person cannot distinguish some colours or see the colours differently to other people. Very few people who are colour blind are 'blind' to all colours. Commonly, the colours seen differently are greens, yellows, oranges and reds.

An information leaflet on colour blindness is available for parent information. Please take the time to read the pamphlet.

For more information, see the Colour Blind Awareness and Support Group on http://www.members.optusnet.com.au/~doverton/

If you have any concerns, colour vision testing can be performed by some general practitioners, eye specialists or optometrists.



# colour blindness

Children who are colour blind can see as clearly as other people, but can't tell the difference between some colours or see colours differently from other people.

Very few people who are colour blind are 'blind' to all colours – most often they see red and green as very similar.

It's good to know if a child is colour blind because he may have difficulty at school with activities that use colours, such as drawing and sorting blocks, and with computers.

#### When do children know colours?

- Very young children can see the difference between colours if they are not colour blind. They do not see colours very well at first but soon begin to like colours, especially bright colours.
- However, children under about 4 years may not understand that a green ball is the same colour as green grass. They can be confused when we use the same describing word for 2 very different things.
- Children need more understanding of things like colours, shapes and sizes to 'see' that different things can be the same colour.



#### What is colour blindness?

In the retina at the back of the eye – the part of the eye that picks up light coming in – there are 2 types of cell, 'rod cells' and 'cone cells'.

- Rod cells work in low light but they do not 'see' colours. At night, our rod cells allow us to see things around us, but only in shades of grey and white.
- Cone cells react to daylight and they help us to see the detail in objects. They also pick up colours.
  - There are 3 types of cone cells: ones that pick up red light, others green and others blue.
- By combining the messages from each set of cone cells, we get the wide range of colours that we can normally see.
- If one or more of these types of cone cells is faulty, a person can be colour blind.

# How do I know if my child is colour blind?

It can be hard to tell if children are colour blind as they won't know that they have problems with their colour vision. Some children will seem to know their colours because they've been taught that a strawberry is red and that grass is green.

If your child seems to have trouble identifying colours after the age of four, such as sorting objects by colour or colouring in, talk to your doctor or community health nurse.

#### Who is colour blind?

Colour blindness is usually inherited. If you have inherited colour blindness, it won't get any better or worse.

Most people inherit colour blindness from their mother, who is a carrier but is probably not colour blind.

Around 8 in every 100 boys, but only 4 in every 1,000 girls, have some level of colour blindness.

#### Why is it a problem?

- Many daily activities, such as choosing food or reading involve colour. People who can't see the difference in colour have to rely on other differences, which may be harder to pick.
- In the classroom, teachers use colour for contrast, sorting, marking, and even to provide an attractive environment. A young child with colour vision problems might have to sort coloured coded blocks by size differences alone.
- Colours are often used in print and on computer screens to highlight important words. The only way some children may know that the words are important is if the shade is slightly lighter or darker.
- It can be hard to tell if fruit is ripe, meat is properly cooked, or if the sauce is tomato or chocolate. Some foods, particularly green vegetables, can look repulsive to colour blind children.
- Pedestrians and drivers may only be able to tell red and green traffic lights apart by their position (red above green). In normal daylight this may be easy, but can be very difficult on a dark, wet night.
- There are some jobs that are hard or unsafe for people with colour blindness, such as where wiring or warning lights are colour coded.

### What you can do

- Test all the boys in your family if there is a history of colour blindness. This testing is easier to do once your child starts to know numbers (around the time that he starts school).
- If people on both sides of the family have colour vision problems, also test all the girls.
- Ophthalmologists (eye specialists) and optometrists (opticians) can test for colour vision. Some school health services and some doctors can also test children's colour vision.
- After a colour vision problem is found, your child may need more tests to tell exactly what the problem is.
- There are online sites where you can check for colour blindness, but it is best to get your child checked by a health professional.

# Helping children who are colour blind

- It usually helps children to know why they are having problems when others are able to do something easily. They may believe that they are 'stupid', when their eyes just work differently to others. Talk to your child about being colour blind, how to explain it to others, and keep supporting him at school and at home.
- Tell the school if teachers know your child is colour blind, they can choose ways of teaching and learning that do not need him to pick colour differences.
- When your child is old enough to read, label coloured pencils and other objects so that he can choose the 'right' one. Ask his teacher to do this in the classroom too. This can help your child avoid being embarrassed or teased.
- Check out support groups and websites for colour-blind children and their families – see below.

#### For more information contact

- Local school health nurse
- Local family doctor or optometrist
- Colour Blind Awareness and Support Group members.optusnet.com.au/~doverton
- Raising Children Network www.raisingchildren.net.au
- HealthyWA www.healthywa.wa.gov.au

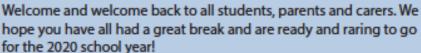
# This document can be made available in alternative formats on request for a person with a disability.

This publication is provided for general education and information purposes. Contact a qualified healthcare professional for any medical advice needed.

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The P&C are holding their Annual General Meeting on Monday the 24th of February at 7.30pm in the school staff room

(enter through the front doors of the office and you'll find your way there). Everyone is welcome. All positions become open at the AGM. In particular we would like nominations for Fundraising coordinator, Secretary and Vice President (with a view to president role next year). Come along, see what goes on, and get involved!

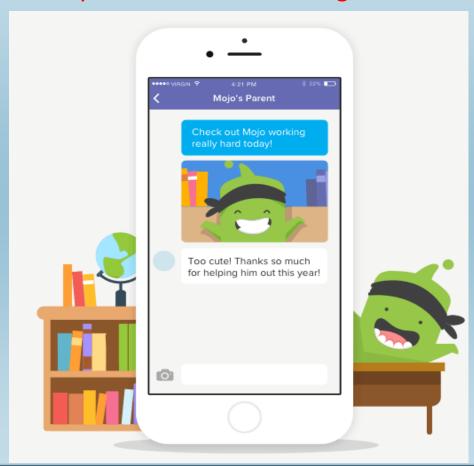


The school canteen will be open from Wednesday the 12th of February. Help support the school P&C by making use of this handy service. Order your child's/children's lunch from the canteen once in a while, once a week, or every Wednesday, Thursday and Friday. Support the school by giving yourself a break from lunches!

The canteen menu can be found on the school website, and orders can be made online (quickcliq.com.au), or the old fashioned brown paper bag way (write your students name, teacher name, class room number and order on the bag, put money in the bag, and hand in at the canteen or in the lunch basket in the classroom. Change will be taped to the bag).

If you order from the canteen online, please make sure your child's classroom and teacher details are up to date so lunches go to the correct classrooms.

# Have you joined your class Dojo yet? See your class teacher for login details.







# Triple P - Positive Parenting Program®

A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.

### Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

#### What is involved?

- Seminar Series 90-minute talks on:
  - children's behaviour
    - the tough part of parenting
  - raising confident children
  - raising emotionally resilient children.
- Discussion Group small, 2-hour groups:
  - misbehaving
  - fighting and aggression
  - bedtime routine
  - hassle-free shopping with children.
- Group Triple P 8-week parenting course.



# Program details:

#### Please note:

Unless there is a crèche advertised, only babies under the age of 6 months can attend this group. However, we welcome babies who need breastfeeding during the session. DO NOT bring hot food and drinks for safety reasons.

Visit www.healthywa.wa.gov.au/parentgroups for more information.